|  |  |
| --- | --- |
| Name: smt. navodita | Reg No: 026-7SMHC19 |
| Age / Sex:28/f | Contact No:7411130146 |
| Marital Status:ml- 5 months | Date:27/7/19 |
| Occupation:software eng. Quali – be electronics | Dr. pjfp |
| Address: native of bihar. In blore since 2009  In blore whitefield. | DIAGNOSIS- |

1. 2017 irregular periods . some cyct was diagnosed. Allo rx. Since an year delayed periods. Lmp: 15/05/19. Got aborted coz din want the kid. Career is not yet stable so taking time.
2. Gets hot flushes, suffocation and torturous.
3. Dizziness and headache, drained out, low bp 90/70 then. When gets sudden stress notices then. Hand sweats.
4. Has ganglion from 2 years. No pain.
5. Had nausea yesterday.
6. Before period feels bloated.
7. Motion no timings. Waver everyday.

Menarche: 7th 13 years.

* Before the period problem had no job for 2 months was sacked by a team and after tht got a contract job fr almost 1 and half year. So she said her mind wasn’t at peace. How will I manage my finance din tell to parents staying in rented house blore all tht was a trouble.
* Cant remember dreams and nothing specific. Gets deep sleep.
* Feels tired all the day.
* Heaviness face and has dns.
* Even tho drinking water feels mouth has become very dry. Pain in tongue feels vibration kind of thing.
* Dad: dm,
* Mom: bp, fissure.
* P.aunt: died of ca
* Mgf: bp
* Feels tired if hears a bad news. Cold feet and cold hand. Weak
* Likes milk.

Rx:

1. Lachesis 200 – 4-4-4 b/food.
2. Rubrum 15 – 1 tab nt b/food.
3. Kali mur 6x 4-4-4-4
4. Sepia 200 – 1 dose